**Possible Subjects:** Blessings in a Backpack or Feeding the Future of America

Dear CONTACT,

I hope this email finds you well and enjoying the arrival of fall. With the return of children to school, I recently became aware of how hunger impacts children’s ability to focus and learn. Did you know that nearly one in three children in the Nation’s Capitol is living with hunger? In the Washington D.C. Metro region, over 170,000 children face food insecurity each day.

After learning about the silent epidemic of childhood hunger in this country, I began volunteering with Blessings in a Backpack, a national organization that is providing a bag of weekend nutrition to more than 88,000 children each Friday when they leave school. This food helps keep hunger pangs at bay so these children can return to school on Monday morning, nourished and ready to learn.

OPTION 1: I would appreciate the opportunity to tell you more about Blessings in a Backpack and our work to provide 3.2+ million hunger-free weekends to children living with food insecurity this school year. No child should have to face the weekend — 65 hours — not knowing when he or she will eat next. I hope after reviewing this information, like me, you’ll be moved to join the fight against childhood hunger.

OPTION 2: Attached is more information to introduce you to Blessings in a Backpack and our work to provide 3.2+ million hunger-free weekends to children living with food insecurity this school year. No child should have to face the weekend –— 65 hours — not knowing when he or she will eat next. I hope after reviewing this information, like me, you’ll be moved to join the fight against childhood hunger.

I look forward to the opportunity to discuss Blessings in a Backpack and how we could work together to feed the future of America.

Thanks,